

# CARROLL FRESHMAN LUNCH MENU

Lunch = \$2.10, Milk = \$.50, Adults = \$3.50

November 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>November 1</b>  Charger "Fried" Chicken Homemade WG Yeast Roll W/ Marg. OR Mozzarella Breadstick Bites W/ Pizza Sauce Mashed Potatoes With Gravy Seasoned Green Beans Chilled Fruit Frozen Fruit Slushie Milk
<b>4</b> Brd Chicken Sand OR Italian Pasta WG Garlic Toast Cheesy Broccoli Romaine Salad W/ Dressing Chilled Peaches 100% Fruit Juice Honey Oat Goldfish Graham Milk	<b>5</b> Hot Dog OR Stfd Pepperoni Pizza Baked Beans Potato Coins Kiwi & Orange Slices 100% Fruit Juice Milk	<b>6</b> Chicken Smackers OR Fiestada Pizza With Salsa & Sour Cream Spanish Rice Seasoned Green Beans Romaine Salad W/ Asst. Dressings Tropical Fruit Salad 100% Fruit Juice Milk	<b>7</b> Deluxe Hamburger Lettuce Leaf & Tomato Slice OR Pizza Crunchers Oven Fries California Blend Veg. Rosy Applesauce 100% Fruit Juice Peach Crisp Milk	<b>8</b> Macaroni & Cheese OR Taco Max Snacks Baby Carrots & Grape Tomatoes With Vegetable Dip Seasoned Corn Seasonal Fresh Fruit Animal Crackers 100% Fruit Juice Milk
<b>11</b> Hot & Spicy Chicken Sandwich OR Corn Dog Steamed Broccoli W/ Cheese Sauce Sweet Potato Crinkle Fries GFS Chilled Fruit 100% Fruit Juice Sunshine Bar Milk	<b>12</b> 	<b>13</b> Chicken Fries OR Cheese Quesadilla Refried Beans Lettuce & Tomato Salad w/ Dressing Apple Slices 100% Fruit Juice Chocolate Chip Muffin Milk	<b>14</b> Chicken & Noodles OR Sausage Stuffed Crust Pizza Mashed Potatoes W/ Chicken Gravy Seasoned Green Beans Blushing Pears 100% Fruit Juice Banana Bread Milk	<b>15</b> Penne W/ Queso Sauce OR Tangerine Chicken Brown Rice Sweet Corn Romaine Salad W/ Dressing Chilled Peaches 100% Fruit Juice Scooby Doo Grahams Milk
<b>18</b> BBQ Pork Sandwich OR Wild Mikes Cheese Pizza Cucumber Slices & Carrot Coins With Veggie Dip Romaine Salad With Dressing Cinnamon Applesauce 100% Fruit Juice Milk	<b>19</b> Beefy Cheddar Sandwich OR Honey Sriracha Chicken Nuggets Twister Fries Baked Beans Chilled Fruit 100% Fruit Juice Milk	<b>20</b> Chicken Nuggets OR Cheesy Ravioli Hmd Broccoli Salad Rib Cut Sweet Potato Fries GFS Orange Wedges 100% Fruit Juice Wacky Cake Milk	<b>21</b> Chicken Crispito Salsa/Jalapenos/Sour Cream OR Cheese Stfd Crust Pizza Refried Beans Fresh Veggie Mix With Vegetable Dip Sweetened Strawberries 100% Fruit Juice Milk	<b>Thanksgiving Meal</b> Roast Turkey With Stuffing OR Charger "Fried" Chicken Fresh Baked Roll W/ Margarine & Jelly Mashed Potatoes W/ Chicken Gravy Seasoned Green Beans W/ Bacon Fresh Grapes & Strawberries 100% Fruit Juice Turkey Cookie Milk

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<p><b>25</b> Chicken Bacon Ranch Sandwich OR Italian Pasta WG Garlic Toast Cheesy Broccoli Romaine Salad W/ Dressing Chilled Peaches 100% Fruit Juice Honey Oat Goldfish Graham Milk</p>	<p><b>26</b> Hot Dog OR Stfd Pepperoni Pizza Baked Beans Potato Coins Chilled Fruit 100% Fruit Juice Milk</p> 	
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**Yogurt & Chef Salad offered daily as an additional choice to the main dish. Menu is subject to change when necessary. This Institution is an equal opportunity provider.**

### DEPOSIT FORM

DATE OF DEPOSIT \_\_\_\_\_

TOTAL DEPOSIT \$ \_\_\_\_\_

STUDENT NAME \_\_\_\_\_

FAMILY DEPOSIT

CHECK NUMBER \_\_\_\_\_

CASH

THE MINIMUM DEPOSIT IS \$25.00. Checks will be accepted for the amount of deposit only. Please make checks payable to: **CFC FOOD SERVICE**.  
**Deposits also accepted online at: [SendMoneyToSchool.com](http://SendMoneyToSchool.com)**