

CARROLL FRESHMAN LUNCH MENU

Lunch = \$2.00, Milk = \$.45, Adults = \$3.40

JANUARY 2019






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3	4
			Chicken & Noodles OR Sausage Stuffed Crust Pizza Mashed Potatoes W/ Chicken Gravy Seasoned Green Beans Blushing Pears 100% Fruit Juice Raisin Batter Bread Milk	Penne W/ Queso Sauce OR Tangerine Chicken Brown Rice Sweet Corn Romaine Salad W/ Dressing Chilled Peaches 100% Fruit Juice Scooby Doo Grahams Milk
7	8	9	10	11
BBQ Pork Sandwich OR Big Daddy's Cheese Pizza Cucumber Slices & Carrot Coins With Veggie Dip Romaine Salad With Dressing Cinnamon Applesauce 100% Fruit Juice Milk	Beefy Cheddar Sandwich OR Honey Sriracha Chicken Nuggets Twister Fries Baked Beans Fresh Grapes & Strawberries 100% Fruit Juice Milk	Chicken Nuggets OR Cheesy Ravioli Hmd Broccoli Salad Rib Cut Sweet Potato Fries Warm Cinnamon Apples 100% Fruit Juice Wacky Cake Milk	Chicken Crispito Salsa/Jalapenos/Sour Cream OR Cheese Stfd Crust Pizza Refried Beans Fresh Veggie Mix w/ Dip Sweetened Strawberries 100% Fruit Juice Milk	Charger "Fried" Chicken Homemade WG Yeast Roll W/ Margarine OR Fish Sandwich Mashed Potatoes With Gravy Seasoned Green Beans Chilled Fruit 100% Fruit Juice Milk
14	15	16	17	18
Chicken Bacon Ranch Sandwich OR Italian Pasta WG Garlic Toast Cheesy Broccoli Romaine Salad W/ Dressing Chilled Peaches 100% Fruit Juice Honey Oat Goldfish Graham Milk	Hot Dog OR Stfd Pepperoni Pizza Baked Beans Potato Coins Kiwi & Orange Slices 100% Fruit Juice Milk	Chicken Chips OR Beef & Cheese Burrito With Salsa & Sour Cream Spanish Rice Seasoned Green Beans Romaine Salad W/ Dressing Tropical Fruit Salad 100% Fruit Juice Milk	Deluxe Hamburger Lettuce Leaf & Tomato Slice OR Pizza Bobs W/ Warm Pizza Sauce Oven Fries California Blend Veg. Rosy Applesauce 100% Fruit Juice Milk	Macaroni & Cheese OR Taco Max Snacks Baby Carrots & Grape Tomatoes With Vegetable Dip Seasoned Corn Seasonal Fresh Fruit Animal Crackers 100% Fruit Juice Milk



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<p>21</p> <p>NO SCHOOL</p> 	<p>23</p> <p>Cheese Omelet W/ Pancakes OR Chicken Biscuit 2 Hash Brown Rounds Warm Cinnamon Apples 100% Fruit Juice Milk</p>	<p>23</p> <p>Chicken Fries OR Cheese Quesadilla Refried Beans Lettuce & Tomato Salad W/ Dressing Pineapple Mandarin Salad 100% Fruit Juice Raspberry Muffin Milk</p>	<p>24</p> <p>Chicken & Noodles OR Sausage Stuffed Crust Pizza Mashed Potatoes W/ Chicken Gravy Seasoned Green Beans Blushing Pears 100% Fruit Juice Banana Bread Milk</p>	<p>25</p> <p>Penne W/ Queso Sauce OR Chicken Egg Roll Brown Rice Sweet Corn Romaine Salad W/ Dressing Chilled Peaches 100% Fruit Juice Scooby Doo Grahams Milk</p> 
<p>28</p>  <p>BBQ Pork Sandwich OR Big Daddy's Cheese Pizza Cucumber Slices & Carrot Coins With Veggie Dip Romaine Salad With Dressing Cinnamon Applesauce 100% Fruit Juice Milk</p> 	<p>29</p> <p>Beefy Cheddar Sandwich OR Honey Sriracha Chicken Nuggets Twister Fries Baked Beans Fresh Grapes & Strawberries 100% Fruit Juice Milk</p>	<p>30</p> <p>Chicken & Waffle Nuggets OR Cheesy Ravioli Hmd Broccoli Salad Rib Cut Sweet Potato Fries Cutie Orange 100% Fruit Juice Wacky Cake Milk</p>	<p>31</p> <p>Chicken Crispito Salsa/Jalapenos/Sour Cream OR Cheese Stfd Crust Pizza Refried Beans Fresh Veggie Mix w/ Dip Sweetened Strawberries 100% Fruit Juice Milk</p> 	<p>Feb 1</p> <p>Charger "Fried" Chicken Homemade WG Yeast Roll W/ Margarine OR Fish Sandwich Mashed Potatoes With Gravy Seasoned Green Beans Warm Cinnamon Apples Frozen Fruit Slushie Milk</p>

Yogurt & Chef Salad offered daily as an additional choice to the main dish. Menu is subject to change when necessary.
This Institution is an equal opportunity provider.

DEPOSIT FORM

DATE OF DEPOSIT _____

TOTAL DEPOSIT \$ _____

STUDENT NAME _____

FAMILY DEPOSIT

CHECK NUMBER _____

CASH

THE MINIMUM DEPOSIT IS \$25.00. Checks will be accepted for the amount of deposit only. Please make checks payable to: **CFC FOOD SERVICE**.
Deposits also accepted online at: SendMoneyToSchool.com